

# Questions to Ask Care Providers About Pressure Sores

Print out for your use

---

Families often find it helpful to ask care providers simple questions about routines, checks, and comfort. These questions support clear communication and help ensure that daily care is consistent.

---

## Daily Routines

- How often are repositioning routines carried out?
  - Are daily skin checks recorded or noted?
  - What signs should we look for during daily checks?
  - Are there preferred resting positions for comfort?
- 

## Observation and Communication

- How are early skin changes monitored?
  - What should we report if we notice small changes?
  - How will care providers communicate concerns to us?
- 

## Comfort and Equipment

- What cushions or supports are used for comfort?
  - Are there recommended seating positions?
  - Is the bedding checked throughout the day?
- 

## Care Standards

- What are the expected routines for pressure relief?
- How often are care plans updated?

- Who should we speak to if we have a concern?

## Learn More:

- **Care Expectations in the UK** - <https://pressuroresadvice.co.uk/care-expectations-uk/>
  - **Legal and Compensation Information** - <https://pressuroresadvice.co.uk/legal-compensation-information/>
  - **Download the Daily Skin Check Checklist (PDF)** - <https://pressuroresadvice.co.uk/pdf/daily-skin-check-checklist.pdf>
- 

## Record Keeping

- What information is helpful for tracking comfort?
  - Can we share our own notes with care providers?
- 

## Planning Ahead

- Are there routines we can support at home?
- How can we help keep the person comfortable between visits?
- What steps can we take if we notice ongoing changes?